

# “MARBELLA EPIC TRAIL - ULTRA”

## “PRIVILEGE OF THE FEW” MOUNTAIN RACE - II EDITION

**ORGANISED BY**

SIERRA BLANCA NATURA and C.D. ULTRA TRAIL SIERRA BLANCA



**IN COLLABORATION WITH**

MARBELLA TOWN HALL



# REGULATION

## ORGANISATION

Sierra Blanca Natura and the C.D. Ultra Trail Sierra Blanca, in collaboration with the Marbella Town Hall, organise the second edition of the mountain race 'Marbella Epic Trail - Ultra'.

**DIRECTOR OF THE RACE** - Francisco Viegas García

**TECHNICAL DIRECTOR** - José Ramón Pacheco Ojeda

**EVENT COORDINATOR, SECURITY AND ENVIRONMENTAL AFFAIRS** - Marina Robertson

## THE RACE

The second edition of the Marbella Epic Trail - Ultra Mountain Race will be held on 15 February 2025.

The start of the race will take place in Marbella, specifically from the [Paseo Marítimo](#), with access to the starting area at [Calle Rafael Zea, número 17C](#), at 5:00 a.m. It will end next to the entrance of the [Fuerte de Nagüeles](#), Marbella. The event is authorised by the Andalusian Mountaineering Federation (FAM) and will take place over 1 course with 1 single distance.

## CATEGORIES AND SUBCATEGORIES

CATEGORY	SPECIFICATION
ABSOLUTE	Participants aged 21 and over, having reached their 21st birthday in the year 2025.

SUBCATEGORY	SPECIFICATION
SENIOR	From 21 to 39 years of age, who do not reach the age of 40 during the year of the competition.
VETERAN A	From 40 to 49 years of age, who do not reach the age of 50 during the year of the competition.
VETERAN B	From 50 to 59 years of age, who do not reach the age of 60 during the year of the competition.
VETERAN C	60 years of age and over, completed during the year of the competition.
LOCAL	Participants registered in the municipality of Marbella.

## REGISTRATION AND KEY DATES

Registration for the race will open on 1 June and the registration period will close on 31 January 2025 or until all available bibs are sold out, whichever comes first. For the second edition of the event, the organisers have increased the maximum number of participants to 150. All registrations must be made exclusively through the race's official website, <https://en.marbella-epictrail.com>. Registrations will close automatically when the limit number of participants is reached or when the deadline arrives, whichever comes first. In the event that places are sold out earlier, a waiting list will be established. The Organisation will contact applicants on the waiting list by email to notify them of the availability of places.

## REGISTRATION DEADLINES AND PRICES

REGISTRATIONS	DATES	Federado/ No federado	Comments
FIRST 50	Up to 31/01/25	95.00€/ 100.00€	<b>Under no circumstances will the organisation increase the number of participants.</b>
100	Up to 31/01/25	105.00€/ 110.00€	

**The registration fee for the Marbella Epic Trail Ultra Mountain Race includes:**

- Race entry fee.
- Civil liability and accident insurance.
- Cloakroom service in Istán (km 45) and at the finish line, with showers available. Participants can leave their belongings at the designated area when collecting their race bib and up to 15 minutes before the start of the race. The organisation is not responsible for items left after 4:45 on race day.
- Advanced tracking and rescue technology to monitor progress and ensure the safety of runners.
- Rescue teams equipped with the latest technology and drones for immediate assistance and support.

## **REGLAMENTO**

- Medical assistance during and after the event.
- Priority attention in health emergencies, with immediate transfers unless the ambulance is busy in another emergency.
- Extraction points: Puerto de Marbella, Cerezal, Istán.
- Liquid and solid refreshments during the race and at the finish line, adapted for runners with food intolerances.
- Transport back to the finish line for runners who abandon the race, subject to availability and the need to wait to complete a 4-seater vehicle. It is compulsory to notify the organisation if a runner drops out.
- Commemorative medal and exclusive finisher's gift for those who finish within the established time, not available for sale.
- Showers available at the Fuerte de Nagüeles park, 20 metres from the finish arch.
- Massage services in the finish area.
- Trophies for the first three in each category.
- Special prizes for the overall winners (male and female).
- Cash prize for the first man and the first woman to reach the peak of La Concha.
- Post-race meal with varied options including barbecue, vegetarian option, drinks and sweets.
- Transport from the finish line to starting points or nearby hotels within a 5 km radius.

This comprehensive package is designed to provide a complete, safe and unforgettable experience for all participants.

### **CANCELLATION INSURANCE**

**In order to request a refund of your race bib registration fee, please contact directly MEDIADOR RIBÉSALAT**

- Call **932415050** or send an e-mail to [gestion.cliente@ribesalat.com](mailto:gestion.cliente@ribesalat.com) identifying yourself with the number of the certificate received by the company, your full name and ID card number.
- You must provide all the documentation accrediting the cause of cancellation.
- Once the file has been opened, you will receive a tracking reference from the company and the mediator. With this number you will be able to check the status of your claim at any time.

Once the documents have been checked, the next steps will be indicated or the registration fee will be refunded.

Once the documentation has been checked, the next steps will be indicated or the registration fee will be refunded.

**Under no circumstances can the organisation be asked to reimburse the registration fee in the event of cancellation. If the participant has taken out cancellation insurance, any claim must be made directly to the insurance company.**

### **TRANSFER OF BIBS AND CHANGES OF REGISTRATION DATA**

To speed up the process, we have enabled an option that allows participants to make the necessary changes directly from their personal page, using the code they received in the registration email.

We therefore ask you to avoid sending emails and instead use your personal page to make the necessary modification. Please note that bib transfer and personal data change are two different processes and must be applied according to the participant's needs.

The bib transfer involves transferring the registration to another person, while the change of personal data involves modifying the information recorded in the original registration.

**Participants will be able to make changes to their registration through the participant's private area page until 9 February 2025. After this date, no changes to the entry will be allowed.**

### **COMPULSORY MATERIAL**

**CONTROL:** Compulsory equipment must be presented during the bib control and at specific points along the course. Failure to comply with these controls may result in penalties or disqualification. Runners who do not comply with the rules laid down by the Federation may be excluded from the competition. Items such as trousers and windbreakers, although they may be carried in the rucksack, must be shown at the request of any judge or member of the organising staff. The referees will demand the compulsory equipment both at the bib control and at any point along the course. It is compulsory for all runners to undergo these checks, and failure to comply could result in penalties or even disqualification from the race.

Any runner who does not comply with the conditions established by the Organisation may be restricted from participating in the event.



## **REGLAMENTO**

- Trousers or tights that cover at least below the knees.
- Windbreaker jacket with hood and long sleeves in the runner's size.
- Thermal or survival blanket, (minimum 1.20 X 2.10).
- Hydration system with capacity for at least 1 litre of water, plus an additional 500 ml bottle. It is essential to carry all containers completely filled with water on the section between Puerto de Marbella and Istan, as there are no water points available on that section.
- Headlamp or torch with spare batteries + Red light at the rear position lit at night.
- Cap, Visor or Bandana
- Whistle
- Bib
- Gloves
- Mobile phone with fully charged battery
- GPS or watch with the track downloaded

**\*Folding cup** - The organisation is committed to the environment and aims to reduce the use of plastic as much as possible during the race. There will be no cups available during the competition, so it is important that each participant brings their own collapsible cup for their personal use.



## **BIB ALLOCATION AND COLLECTION**

To collect their race bib, runners must present the QR code they received with their registration confirmation. This method is the most efficient way to speed up the process and minimise waiting times. If the QR code is not available, runners can collect their bib number by presenting a valid personal identification document, such as a passport, ID card, NIE or driving licence.

If a third party is collecting the bib on behalf of the runner, they must present an authorisation signed by the runner, as well as the corresponding QR code or a digital copy of the runner's ID document (e.g. a photograph on their mobile phone).

The bibs will be handed out after verification of the necessary documents, presented in digital format. **The organisation will not make exceptions under any circumstances. It is crucial to stress that the organisation will not assume any responsibility for the consequences of non-observance of these regulations by the participants.**

Each runner who registers for the race will receive a personal and non-transferable race bib. The bib must be visible on the front of the runner's clothing at all times during the race, and must not be folded, cut or manipulated, and will contain a timing chip.

Race bibs will be available for collection at the following address: [Plaza del Mar, planta baja, Calle Camilo José Cela 17, 29602, Marbella, Malga](#) (pending confirmation).

**PICK UP TIME: FRIDAY, 14th February 2024. (Mandatory date for all participants) 12:00 - 20:00**

## **RACE INFORMATION**

**START:** [Paseo Marítimo de Marbella](#) with corralito at [17 C. Rafael Zea](#)

**FINISH:** [Fuerte de Nagüeles car park](#), Marbella.

**MAXIMUM NUMBER OF PARTICIPANTS:** 150

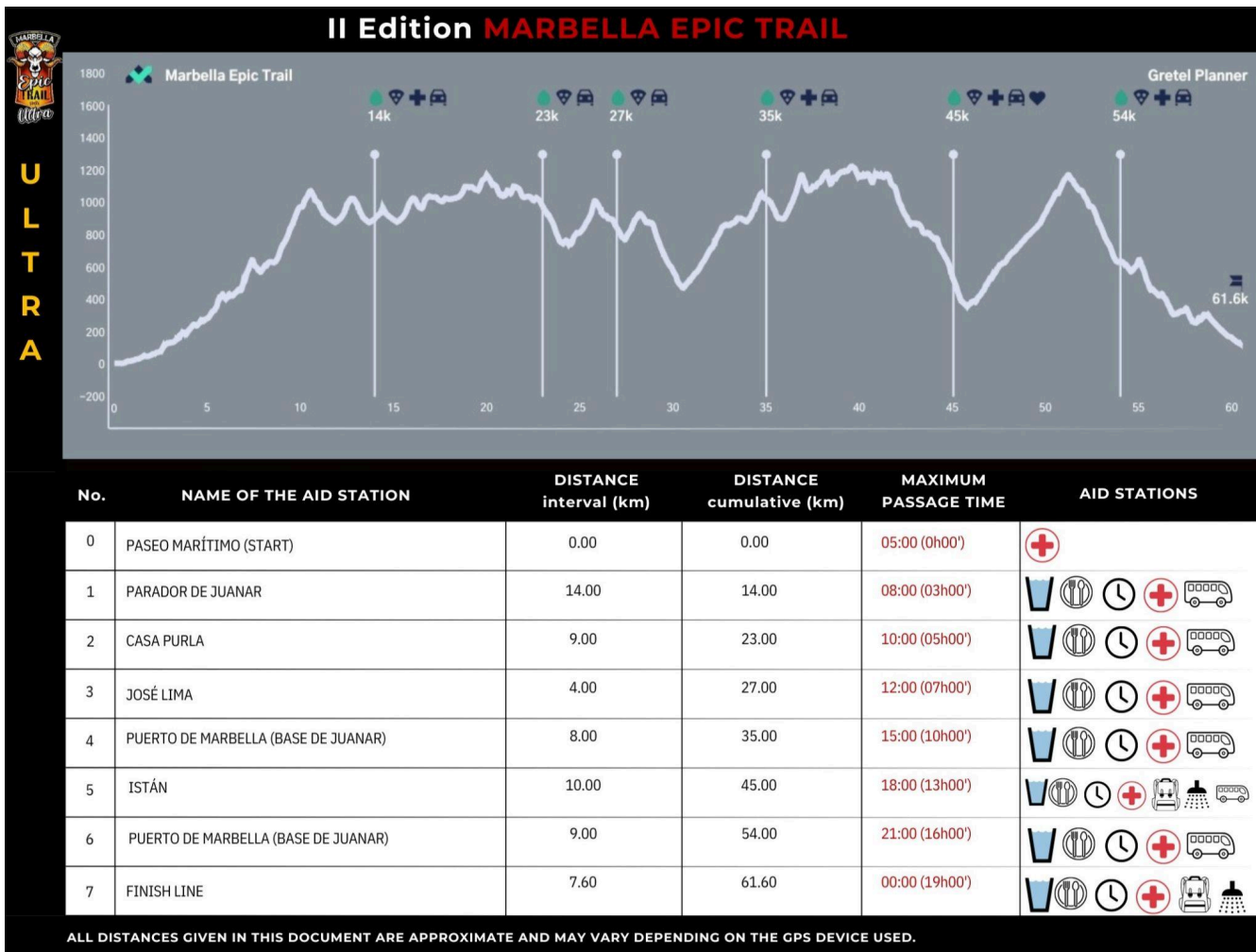
**APPROXIMATE DISTANCE:** 61.6 KM

**APPROXIMATE DIFFERENCE IN ALTITUDE:** +4700

Race times have been carefully calculated to allow all runners to finish within the pre-established time, allowing for possible interruptions such as breaks or feeding periods. It is essential that runners pass through and leave the checkpoints before the specific cut-off time for each segment, regardless of the time they have arrived at these points.

It should be noted that any participant who does not meet the time limits at the checkpoints will be considered as withdrawn from the competition. Participants who exceed the time limit and choose to continue the route must deactivate their timing chip. In doing so, they may continue on the route at their own risk and without the official supervision of the event.

Additionally, it is important to mention that in the event that the overall pace of the race is faster than anticipated, the checkpoints and refreshment stations will be closed after the departure of the race closing team, known as the 'broom team'. This is essential to ensure the safety of all involved and the efficient administration of the event.



### PREPARATION FOR YOUR RACE

To maximise the race experience and ensure optimal athlete performance, we strongly recommend that all participants familiarise themselves with [GRETEL PLANNER](#) prior to the race. This platform is designed for strategic race planning, providing specialised tools to define paces, speeds and nutritional strategies that are crucial for success in any competition. Proper preparation, facilitated by [GRETEL PLANNER](#), is essential to avoid failures due to strategic mismanagement and to achieve goals with meticulous and effective preparation.



### LIVE RACE TRACKING

To enrich the experience of participants, as well as their friends and family, and ensure safety during the race, we continue to work with the [Yomury](#) timing application. This tool is accessible for download on iOS and Android devices. You will find detailed instructions on how to set up and effectively use the app on the last page of these regulations. We encourage you to take advantage of [Yomury](#) to enhance your event experience.



### PRIZE-GIVING CEREMONY

Prizes will be awarded to the first three finishers in each category and subcategory who complete the race, with the exception of the inclusive modality, where all participants will receive a prize. The prizes awarded will not be cumulative. Representation by another person at the prize-giving ceremony must be notified and authorised by the organisers at least thirty minutes in advance. The prize-giving ceremony will be held on the day of the race, from 16:00 hours at the finish area at the [Fuerte de Nagüeles car park](#), Marbella. For the categories and sub-categories whose participants do not arrive before the ceremony, the prizes will be handed out at the organisers' table located near the finish line.



### RULES OF PARTICIPATION

**Mandatory appearance and equipment.** It is imperative that all participants wear their bib number clearly visible on the front of the T-shirt and wear clothing and footwear specifically designed for running. In addition, it is required to carry a mobile phone with a fully charged battery, both for emergency situations and to facilitate tracking through the Yomury app.

**Physical Condition Required:** It is essential that all participants are in optimal physical condition and are properly prepared to meet the demands of the selected course. **The course is designed for ultra distance runners who have completed at least one mountain race with a minimum positive elevation gain of 4,500m, or those who have been finishers in the DESTROYER race of the “Sierra Blanca - Marbella” event.**

**The presentation of the medical certificate is compulsory:** Failure to present the certificate will entitle the organisation to prevent the athlete from taking part in the race and not to refund the fee paid.

**Respect for the Route and the Environment:** Runners must follow the marked route, avoid deviations and not litter. Respect for other participants and the natural environment is fundamental.

**Prohibitions:** The use of vehicles and the presence of animals in the race is prohibited. It is also forbidden to receive external assistance or supplies outside the designated points.

**Timing:** All participants must cross the official checkpoints and use the chip timing system provided by the organisation.

**Failure to comply with these rules may result in a penalty and/or disqualification.**

### SAFETY

**Mobile application:** It is recommended to carry a mobile phone with the applications ‘YOMURY’ and ‘SOS Emergencias’ installed, available in Google Store and Apple Store, to communicate with Civil Protection Marbella in case of emergency.

**Weather conditions:** In case of adverse conditions, the organisers will be able to set up an alternative route, informing the participants in due time.

**Start and Finish:** The start will be supervised by the local police and staff of the organisation. Once in the race, participants must follow the traffic rules and signs to ensure their safety and that of others.

A closing team, known as the ‘broom team’, will follow the last participants, ensuring compliance with the cut-off times for the safety of all runners and volunteers at the refreshment points. It is essential that participants carry mandatory equipment at all times during the race, as the characteristics of the natural environment and the long distances may make rapid medical intervention difficult.

**Abandonment and Health Care:** In the event of the need to abandon the race, it is crucial to inform the staff at the check points immediately. Medical assistance will be available along the route and at strategic points.

**Time Limit and Pick-up:** Participants who do not finish the race within the time limit will be evacuated by organisers' vehicles from pre-marked areas. See pages 6 and 7 of the regulations for details on cut-off times, medical care locations, and abandonment points.

**Medical Information:** During registration, the organisation must be informed of any illness or drug allergy that may require attention during the race. It is the responsibility of each participant to carry and administer any prescribed medication, and prior consultation with a health professional is advised..

### DISQUALIFICATIONS

This sporting event is possible thanks to the efforts of the volunteers who dedicate their time to preserve the nature and beauty of the Sierra that surrounds Marbella. The organisers and the staff at each checkpoint and refreshment station have full authority to enforce the rules and ensure the smooth running of the event

Any infringement of the rules will be penalised according to the established table of penalties, which is vital to maintain the sporting spirit and promote respect for the natural environment.

INFRACTIONS	PENALTY
<b>Late start:</b> Arriving at the start line 15 minutes after the start signal.	Disqualification
<b>Inappropriate conduct:</b> Demonstrating violent, xenophobic or sexist attitudes.	Disqualification
<b>Disobedience:</b> Failure to comply with the instructions of the organisation's staff.	Disqualification
<b>Refusal of control:</b> Opposing the verification of compulsory material.	Disqualification

## REGLAMENTO

INFRACTIONS	PENALTY
<b>Lack of solidarity:</b> Failure to assist another participant in danger or accident.	Disqualification
<b>Fraud:</b> Using unauthorised means of transport, transferring the race bib to another person, among others.	Disqualification
<b>Misuse of resources:</b> Consuming water directly from the jug instead of using the obligatory personal containers.	Disqualification
<b>Omission of controls:</b> Failure to pass through an established control point.	Disqualification
<b>Refusal of doping control:</b> Refusing to take a doping test.	Disqualification
<b>Environmental damage:</b> Littering outside the designated containers, damaging or removing vegetation, or taking shortcuts that alter the established route.	Disqualification

### Expectativas de Conducta y Responsabilidad Ambiental:

All participants are expected to maintain responsible and respectful behaviour towards the environment and other participants. Infringements such as littering outside the designated containers, damaging flora or fauna, modifying natural elements, or deviating from the established route will be considered serious and penalised.

Participants must conscientiously manage their waste at the established collection points, including the disposal of specific materials such as broken sticks. In addition, everyone is expected to exhibit sportsmanlike behaviour and respect the race facilities and equipment and be responsible for any damage caused by misuse.

We urge everyone to cooperate to ensure that conduct during the event reflects a commitment to respect and environmental ethics.

### IMAGE RIGHTS

The organisers reserve the right to take and collect photographs, videos and information during the competition, involving all participants. This material may be used for publicity purposes, public relations, journalistic promotions or promotion of the event. The use of this material in media or advertising projects requires the prior consent of the organisers.

### COMPLAINTS

To submit a race-related complaint, an email should be sent to the organisers at the following email address: [contacto@cdutbsb.org](mailto:contacto@cdutbsb.org). It is recommended that the complaint be submitted in writing for better clarity and follow-up.

It is important to note that the deadline for submitting claims will be within 48 hours of the publication of the provisional rankings on the official website of the event. The resolutions of these claims will be dealt with and communicated within a maximum of 60 days after the end of the event.

It is essential to note that claims received through other email addresses or communication channels will not be accepted. Participants are advised to follow the information published on the official website of the event for any updates or changes to the complaints policy.

The organisation declines all responsibility in case of accident or negligence of others, as well as for the loss or breakage of objects belonging to each participant.

### ACCEPTANCE OF RULES AND CONDITIONS

By registering for the competition, participants confirm that they have read and accepted the rules and disclaimer, which release the organisers from any liability in the event of an accident or bodily injury occurring during or after the competition. Registration for the event constitutes a binding agreement and confirmation of acceptance of all terms and conditions detailed in the rules and accompanying documents.

While the organisers are committed to ensuring maximum safety for all participants, it is essential that each runner is fully informed and aware of the conditions and responsibilities associated with their participation in the competition.



IMPORTANT DOWNLOADS



Trail Running  
**Marbella Epic Trail -  
Sierra Blanca  
ULTRA 2024**  
por Marbella Epic Trail

Abre esta ruta escaneando este código QR desde la barra de búsquedas de la App de Wikiloc.

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Rutas del Mundo  
Descubre más rutas en es.wikiloc.com

通过应用扫描此码可在Wikiloc应用中找到此路线



**DESCARGA ANDROID**



**DESCARGA IOS**



**VIDEO INFORMATIVO**



**DESCARGA ANDROID**



**DESCARGA IOS**



**gretel  
ESPAÑOL**



1. **Descarga de la Aplicación:** Los enlaces para descargar la aplicación Yomury Cronometraje. Es imprescindible tener la aplicación instalada antes del evento.
  - ANDROID: [YOMURY GOOGLE PLAY](#)
  - IOS: [YOMURY APP STORE](#)
2. **Configuración Inicial:**
  - Permiso de GPS: Asegúrese de permitir el acceso al GPS del dispositivo para garantizar la precisión del seguimiento.
  - Configuración de Energía: Ajuste las opciones de energía del dispositivo móvil para evitar el cierre automático de la aplicación. Este paso puede variar según el modelo del móvil.
3. **Registro y Participación:**
  - Seleccione la opción "Voy a Participar" dentro de la aplicación.
  - Valide su inscripción ingresando el número de dorsal y la prueba en la que participa.
  - Active los permisos de GPS (seleccionando "Permitir siempre") y llamadas.
  - Active el inicio automático de la aplicación para comenzar el seguimiento una vez que inicie la carrera.
4. **Funcionalidades durante la Carrera:**
  - Seguimiento en Vivo: Permite que amigos y familiares lo sigan en tiempo real a través de la aplicación o desde sus computadoras.
  - Interacción Social: Comparta fotos y videos en vivo de su experiencia en la carrera, incluyendo su llegada a la meta.
  - Resultados en Tiempo Real: Consulte sus resultados inmediatamente después de cruzar la meta sin esperas.

