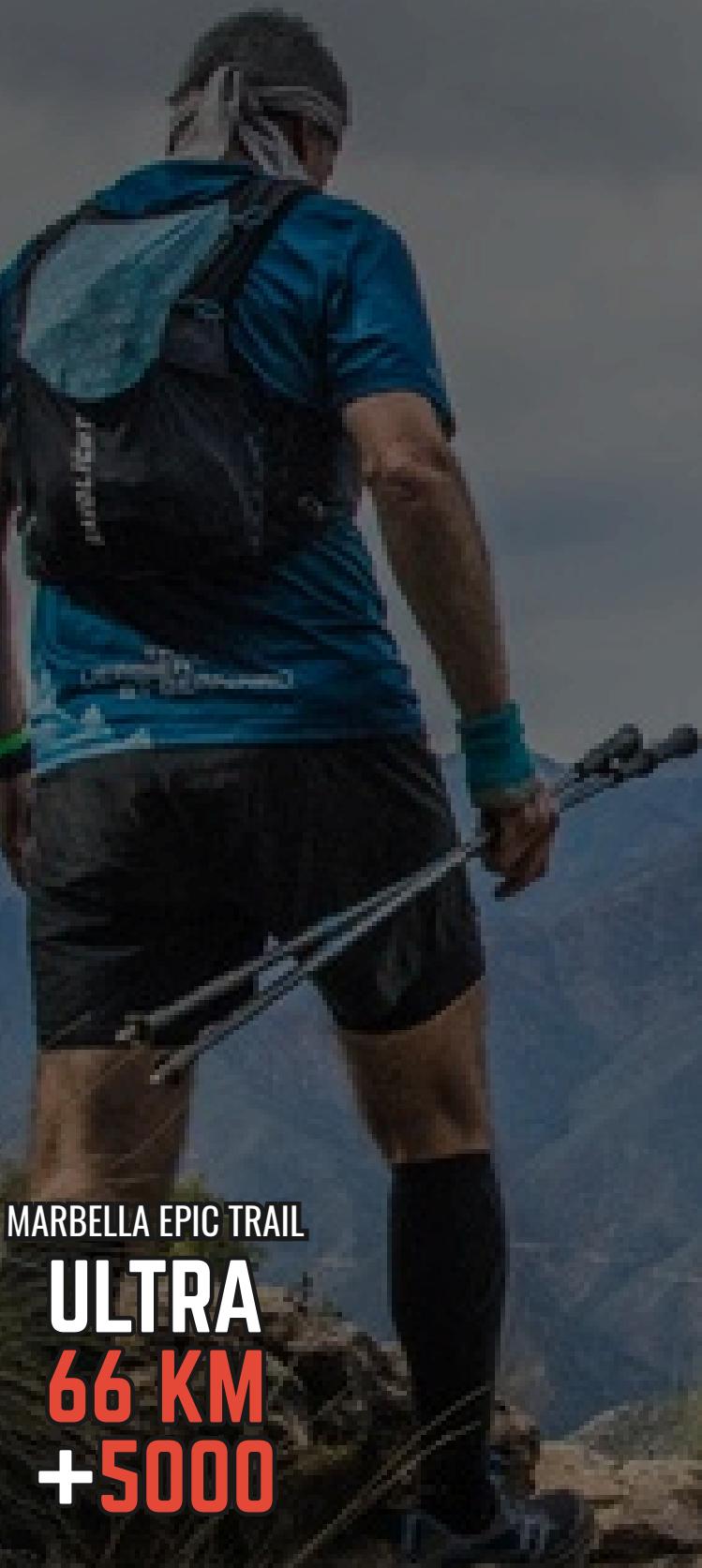




# DOSSIER 2026



MARBELLA EPIC TRAIL

**ULTRA**  
**66 KM**  
**+5000**

# PARTICIPANT GUIDE

**Welcome to the III Edition of Marbella Epic Trail.**  
We've put together this complete guide to help you get  
ready and make the most of your experience

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# COMING FROM OUTSIDE MARBELLA?

## ESSENTIAL INFORMATION ON PARKING AND KEY LOCATIONS

### PARKING

**WHITE ZONES:** Free parking. Several streets near the bib collection area offer this type of parking.

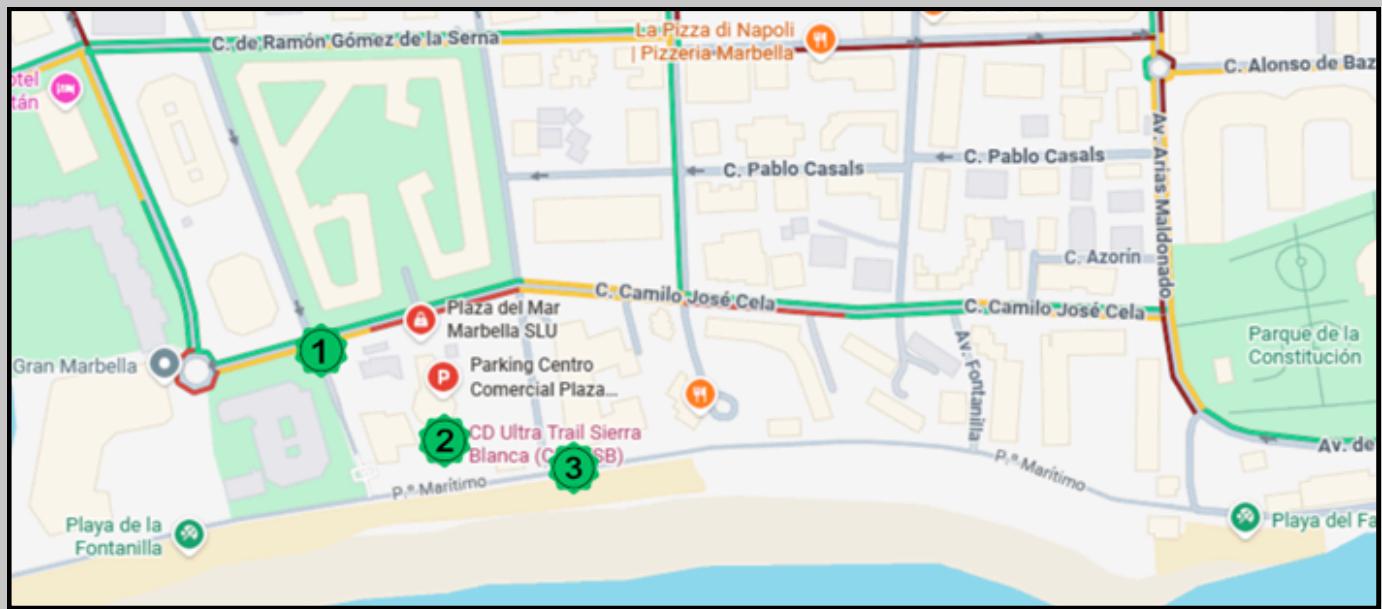
**BLUE AND GREEN ZONES:** Paid parking with limited stay. Please check signs carefully for local rates and time restrictions. On 21st February, parking is only chargeable between 09:00 and 14:00.

**CAMPERVANS/MOTORHOMES:** Marbella currently does not offer a designated area for campervans or any hardstanding surface specifically for event participants.

If travelling by campervan and using free parking zones, please avoid any signs of overnight stay (chairs, awnings, etc.) to prevent issues with the local police.

### KEY LOCATIONS

Although the race reaches the mountain summit and passes through natural landscapes, the course has been designed with an accessible, urban approach: both the start and finish are located on Marbella's seafront promenade, right in the city centre, offering direct access to the beach and easy pedestrian connectivity throughout the city.



- Plaza del Mar Shopping Centre <https://maps.app.goo.gl/RvurfVVHj8kHffPa9>
- 1. Paid Parking
- 2. Bib Collection
- 3. Start / Finish Line

# EVENT SCHEDULE

## FRIDAY, 20 FEBRERO

### BIB COLLECTION

📍 Ground floor – Plaza del Mar Shopping Centre

12:00 – 20:00

⚠ Mandatory collection for all participants

### INFO SESSION AND Q&A

19:00 – 20:30 → A brief presentation covering key event updates followed by a question-and -answer session.

## SATURDAY, 21 FEBRERO

### START & FINISH TIME

📍 Paseo Marítimo – In front of Plaza del Mar S.C.

ULTRA → 05:00 – 00:00

### TROPHY CEREMONY & POST-RACE CELEBRATION

📍 Location depends on weather conditions:

- Good weather: [Upper terrace of Plaza del Mar S.C.](#)
- Rainy weather: [Ground floor of Plaza del Mar S.C.,](#)

CEREMONY TIME: From 4 p.m.

## SUNDAY, 22 FEBRERO

### OFFICIAL CLOSING OF THE EVENT

00:30

# REQUIREMENTS FOR BIB COLLECTION

**⚠️ IMPORTANT:** To avoid queues and delays, we recommend not arriving in the final hour. Bibs and race packs will not be issued without the required documentation. **NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

To speed up the collection process, the following documentation must be presented in digital format (photo or file on your phone):

- QR code received in your registration confirmation
- ID document: National ID (DNI), Foreigner ID (NIE), passport, or driving licence

If collecting a bib on behalf of another participant:

- A photo of the participant's ID (DNI/NIE/passport)
- A signed authorisation from the participant.

## BAG DROP SERVICE

When collecting your race bib, you may leave up to two bags, backpacks or items of clothing at the designated bag drop table:

- One for the mid-race changeover point at km 46 (Istán)
- Another to be collected at the finish area

The race team will be responsible for keeping your belongings safe until the end of the race.

### HOW DOES IT WORK?

- Sign the registration form when leaving your belongings.
- The bag destined for Istán will be transported in a sack labelled with your race number. You'll be able to collect it there to shower or change. If you don't end up needing it, simply leave it at the aid station and our team will transfer it to the finish area after the last runner has passed.
- The second bag, also labelled with your race number, will remain stored at the Shopping Centre and can be collected at the finish to change or shower.
- To collect your belongings, you will need to show your race bib and sign the collection form.
- Showers will be available at the Istán football pitch and on the mezzanine floor of the Plaza del Mar Shopping Centre gym.

# IDENTIFICATION WRISTBAND

When collecting your race bib, you will receive an identification wristband, which is required to access aid stations and post-race food services. There are three types of wristbands depending on your registration and dietary needs:

## ● **BLACK WRISTBAND** – Participants with no dietary restrictions

- Full access to all aid stations (food and drink).
- Does not include access to special dietary zones (gluten-free / lactose-free).
- Access to the open bar and BBQ at the finish area.
- Finisher gift available upon completing the race within the official time limit and in accordance with the event rules.



## ● **RED WRISTBAND** – For participants with intolerances, allergies or special diets.

- Access to designated aid stations and post-race food zones offering:
  - Gluten-free options
  - Lactose-free options
  - Nut-free options
  - Vegetarian options
- Access to the open bar and BBQ at the finish area.
- Finisher gift available upon completing the race within the official time limit and in accordance with the event rules.



## ● **WHITE WRISTBAND** – Companions

- Grants access to the open bar and BBQ in the finish area, with the same benefits as participant wristbands.
- Can also be purchased at the shop during the event by providing the participant's bib number (if not previously ordered).



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# OFFICIAL EVENT APPAREL

The organisation reserves the right to modify the garment included in the race pack, depending on availability or improvements in quality.

- If the size selected during registration does not match the one provided, you may request a size change at the pick-up point, subject to availability.
- Our goal is to offer high-quality, practical, and sustainable products, while also giving participants the option to avoid unnecessary garment waste.

## FINISHER GIFT

Completing the Marbella Epic Trail and conquering La Bestia is not simply finishing a race: it means overcoming a physical and mental challenge that very few are willing — or able — to take on.

That's why those who cross the finish line receive an exclusive gift, not available for purchase and not repeated in future editions once stock runs out. It could be a garment, a commemorative item, or a special surprise, but it will always be unique — just like your achievement.

It's our tribute to your effort, commitment, and indomitable spirit. Because not everyone makes it. And what you take home, not everyone can have.



## OFICIAL SHOP

The shop will be open on 20th and 21st of February during bib collection hours, as well as on the race day at the finish area.

## PRODUCTOS DISPONIBLES:

Official apparel from Sierra Blanca events.

Exclusive merchandising

## ACCEPTED PAYMENT METHODS:

Cash

Cards (Visa, Mastercard, Amex, etc.)

Local currency card payment (optional)

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## MANDATORY KIT

All participants must carry the mandatory kit required for their chosen distance. Race officials may carry out kit checks before allowing access to the start area (corralito)..

**Participants without the required equipment will not be allowed to start.**

- **Technical trousers or tights** – Must provide coverage at least below the knees
- **Windproof jacket** – Must have an integrated hood, long sleeves, and fit the athlete properly
- **Survival thermal blanket** – Minimum dimensions: 1.20 m x 2.10 m
- **Protective gloves**
- **Hydration system** – Minimum capacity of 1 L + an additional 500 ml bottle **⚠ CRITICAL SECTION:** Full hydration is mandatory for the Puerto de Marbella–Istán segment (no aid stations available)
- **Head torch** + spare batteries + red rear light (must be turned on during night hours)
- **GPS device or sports watch** with official GPX track preloaded
- **Mobile phone** – Fully charged and operational
- **Emergency whistle**
- **Race bib** – Must be visible at all times
- **Cap, sports visor or bandana**

A waterproof jacket may be required depending on the weather conditions. Please stay alert to email updates in the days leading up to the race.

# SAFETY MEASURES

## EMERGENCY NUMBERS

(We recommend saving them on your phone. They are also printed on your race bib)

112 – General Emergencies

+34 659 46 55 87 – Race Coordination

## APP SOSFY – Emergency Support Without Mobile Signal

This app allows you to share your location even without mobile coverage.

Without it, locating you in the event of an accident becomes much more difficult.

Before the start:

- Download and activate the app
- Set your location to: Marbella
- In case of an accident, choose “Protección Civil” as your emergency contact

 Installation is mandatory. Without it, we cannot guarantee an efficient rescue.

## Emergency Control & Rescue Centre

The event's emergency operations will be coordinated by Protección Civil, supported by:

- Drones with thermal/infrared vision
- GREIM (Mountain Rescue and Intervention Group)
- Helicopters and specialised firefighters equipped for rescues in difficult terrain
- Ambulances located at key points along the course

## What to do if you see a rescue drone?

- Do not attempt to speak to the drone
- Point to the part of your body that is injured (if applicable)
- If you're OK, give a clear thumbs-up so the team can see

## To ensure your medical care is covered by the race insurance:

- Report the incident to the race medical team or event staff
- Present the official insurance document, duly signed (available from ambulances or Protección Civil)

 Without this document, medical centres will not be able to treat you under the event's insurance policy.

# FOLLOWING THE RACE (FOR COMPANIONS)

Marbella Epic Trail is a technical mountain race that passes through natural areas with limited vehicle access, particularly at the aid stations.

Where vehicle access is possible, parking spaces are limited and often shared with hikers or other users of the mountains.

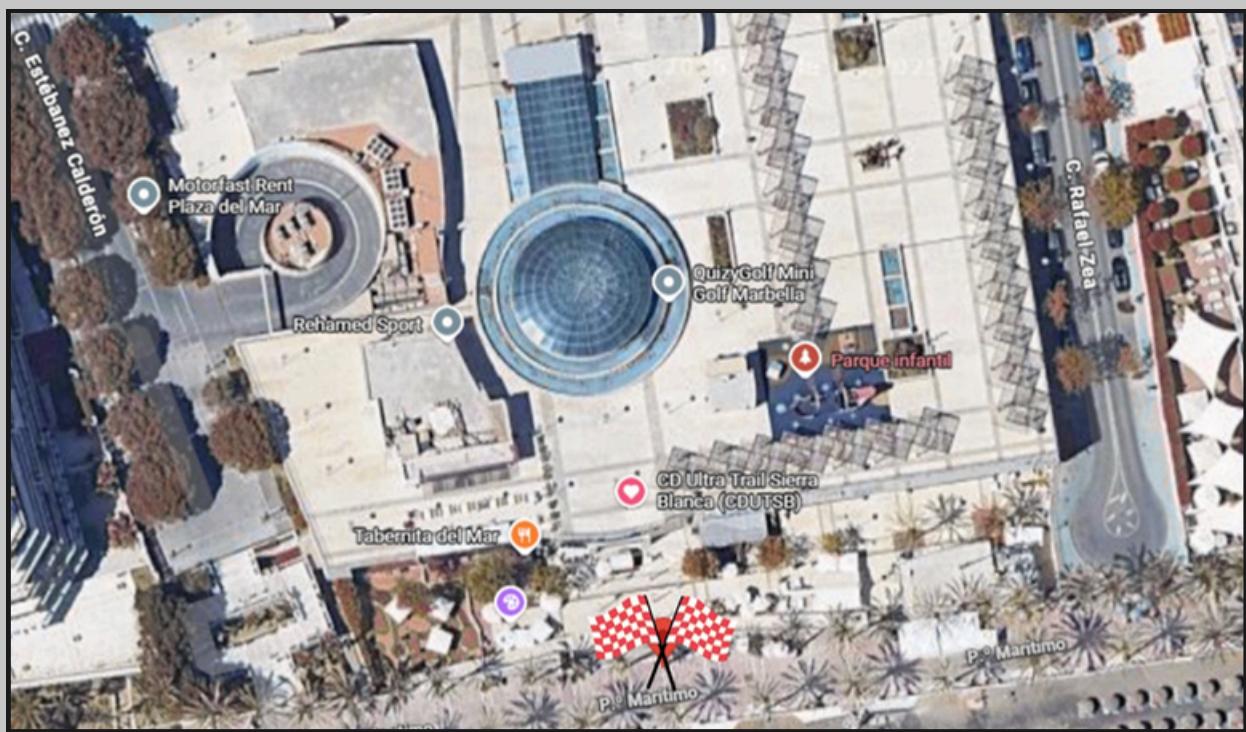
Below, you'll find details of aid stations that are accessible by car, along with specific access conditions. In most cases, it will be necessary to walk a short distance from the parking area to reach the aid station.

## ⚠️ IMPORTANT

Mountain aid stations only offer public parking, with no reservation system or access control.

## START AND FINISH LINE

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>



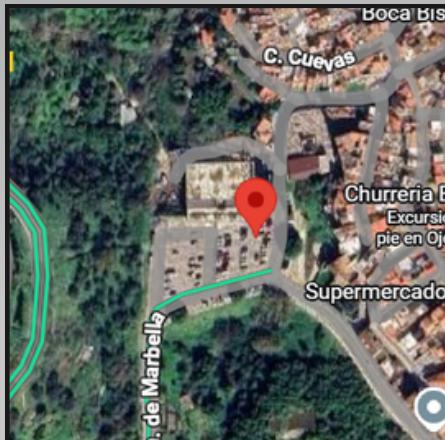
# ACCESS POINTS

## “OJÉN” AID STATION

Parking in Ojén

(Free parking, more than 100 spaces)

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>



Walk to Ojén town square

(approx. 200 m, 4 min on foot)

<https://maps.app.goo.gl/Zii3z16WsWBR5c4XA>

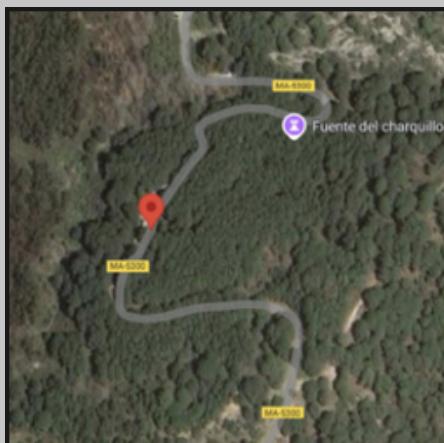


## “PUERTO DE MARBELLA” AID STATION

Parking at Cancela

de Juanar (approx. 30 places):

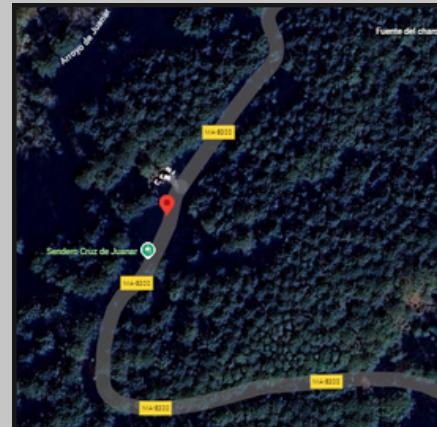
<https://maps.app.goo.gl/JTDk3bQervZPotzcA>



Walk to Aid Station

(approx. 1,5 km, 23 min on foot):

<https://maps.app.goo.gl/c7Gu9NcC3efU8d2W7>



## “ISTÁN” AID STATION

There are designated parking areas in the surrounding area.

<https://maps.app.goo.gl/FnBAL1c7naXgzP8u5>



## SERVICES AVAILABLE IN THE FINISH AREA

- Recovery massage, available from 15:00 to 21:00
- Interviews – Share your experience with the world
- Final aid station with food and drinks to help you refuel
- Showers available for runners' use
- Official Award ceremony
- Merchandising Shop
- Open Bar and BBQ
  - Gluten-free, lactose-free, and vegetarian options available upon request (during the registration process)



Tu esfuerzo ha escrito una página más en la historia de esta aventura.

Sin tu paso, la montaña estaría en silencio.

Con tu huella, se convierte en leyenda.

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